

**JCHS MENU** 



## **Available Daily for Lunch**

- · PB& J Sandwich
- Deli Sandwich
- Yogurt Bundles

**Menus Subject to Change** 

This institution is an equal opportunity provider.



## Eating Healthy

gives you the energy to conquer the adventures of the outdoors.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Bosco Breadsticks	Hot Sub Sandwich	Chicken & Noodles w/Cinnamon Roll	Taco Bar	Choice of Pizza
A G	Chips w/Meal			HERO DAY
8	9	10	11	12
Hamburger or Cheeseburger	Hot Sub Sandwich	Chicken Fajitas	Pasta Bar	Choice of Pizza
	Chips w/Meal			
15	16	17	18 3 Hr Early Release	19
Manager's Choice	Manager's Choice	Manager's Choice	Manager's Choice	Choss MyPlate gay



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